

UMBRIA GOURMET

- one-of-a-kind experiences for food lovers



TASTE & EXPERIENCE THE UNKNOWN ITALY

- limited number of seats

UNIQUE travel experience

Italian cuisine can vary widely from region to region. But no matter where you go you will find that the Italian dishes and ingredients are some of the best in the world.

Italian cuisine is characterized by its simplicity, with many dishes having only four to eight ingredients. Italian cooks rely chiefly on the quality of the ingredients rather than on elaborate preparation. They use the freshest seasonal ingredients possible, and then basic cooking techniques to simply enhance the natural flavor of the food.

At Travel2Umbria we create one-of-a-kind experiences for food lovers who want to see Italy a little differently.

We have organized a fantastic holiday experience for those who have an appetite for the good things in life - and we have composed a unique program where you will meet Italy with all the senses.

On this gourmet trip, we will not only lead you into the unsurpassed Umbrian food culture - we will show you a bit of the secret Umbria. The one that cannot be found in glittered brochures - and only rarely when you travel on your own.

We will introduce you to the region's gastronomy. Take you to the best vineyards, olive groves and local cheese producer. We will open door into a secret world and together with a Michelin chef we will give you high-quality food and culture experiences.

We are not a travel agent and therefore can not offer ready-made packages with plane tickets. But we plan and arrange everything else. We provide accommodation - of course with full board, we plan excursions and activities. And we ensure that there is always a guide / group leader who ensures that everything runs smoothly. In addition, we are of course helpful with instructions for booking flights, car hire, etc.



PROGRAM 2018

La Dolce Vita, 6 night gourmet stay

Day 1:

5:00 arrival at Locanda del Capitano, Montone, Umbria

6:00 drinks

7:00 4 course dinner

Day 2:

Breakfast

In the morning, under the direction of a sommelier we will taste different, amazing local wines and olive oils at a local producer.

In the afternoon we will take a city tour of the beautiful medieval city Montone, which is on the list of Italy's 100 most beautiful cities,

In the evening, a 4-course menu is served at Locanda del Capitano.

Day 3:

Breakfast

Today we will go hunting for diamonds of the earth, the divine truffles, which of course will be part of today's lunch. The tour is carried out with guide and truffle dog. In the afternoon there is the opportunity to go shopping or look for cultural experiences in Perugia, one of Umbria's largest cities.

The evening's 4 course menu is served at Locanda del Capitano.

Day 4:

Breakfast

Today we go hiking in the amazing Umbrian nature along with a local guide. Among other things, we will see the impressive Rocca Aries and some of the small waterfalls found in the area, which are impossible to find on your own.

The tour of the afternoon is to local cheese producer Antonello Monni, whose cheeses are famous throughout the region. We will hear about the family-run business that has produced amazing sheep cheese for decades.

In the evening, 4 course dinner is served.

Day 5:

Breakfast

Today is market day - together with chef Il Capitano Giancarlo we go there and buy ingredients for today's Italian cooking lesson, where Giancarlo will reveal some of the secrets that make him one of the most popular chefs in all of Italy.

In the afternoon we will taste some of Umbria's best proseccos and local prosciutto.

In the evening, 4 course dinner is served.

Day 6:

Breakfast

Today's excursion goes to the unique Monte Vibiano Vineyards. The castle produces soft, prominent and highly structured red wines. There are eight different grape varieties grown, including Sangiovese, Merlot, Cabernet Sauvignon and Syrah. Of course we eat lunch at the castle.

The evening's 4 course menu is served at Locanda del Capitano.

Day 7:

Breakfast

Departure for Airport



PROGRAM 2018

La Bella Vita, 4 night gourmet stay

Day 1:

5:00 arrival at Locanda del Capitano, Montone, Umbria
6:00 drinks
7:00 4 course dinner

Day 2:

Breakfast

In the morning, under the direction of a sommelier we will taste different, amazing local wines and olive oils at a local producer.

In the afternoon we will take a city tour of the beautiful medieval city Montone, which is on the list of Italy's 100 most beautiful cities,

In the evening, a 4-course menu is served at Locanda del Capitano.

Day 3:

Breakfast

Today we will go hunting for diamonds of the earth, the divine truffles, which of course will be part of today's lunch. The tour is carried out with guide and truffle dog. In the afternoon there is the opportunity to go shopping or look for cultural experiences in Perugia, one of Umbria's largest cities.

The evening's 4 course menu is served at Locanda del Capitano.

Day 4:

Breakfast

Today we go hiking in the amazing Umbrian nature along with a local guide. Among other things, we will see the impressive Rocca Aries and some of the small waterfalls found in the area, which are impossible to find on your own.

The tour of the afternoon is to local cheese producer Antonello Monni, whose cheeses are famous throughout the region. We will hear about the family-run business that has produced amazing sheep cheese for decades. In the evening, 4 course dinner is served.

Dag 5:

Breakfast

Departure for Airport



Travels in 2018

La Dolce Vita, summer: 6 nights from june 2 - 9

Price per person in dobbble room: € 1,400

Supplement for Single room : € 260

La Bella Vita, sommer: 4 night from june 2 - 7

Price per person in dobbble room: € 1,050

Supplement for Single room: € 180

La Dolce Vita, efterår: 6 nights from september 22 - 29

Price per person in dobbble room: € 1,400

Supplement for Single room: € 260

La Bella Vita, efterår: 4 nights from september 22 - 27

Price per person in dobbble room: € 1,050

Supplement for Single room € 180

THE PRICE INCLUDES:

- Accommodations double occupancy in luxury room with ensuite bathroom
- Transportation during the stay
- All breakfasts, lunches and dinners
- Excursions & food artisans visits. Vineyards visit and wine tastings
- Truffel hunt
- Italian cooking lesson
- Taxes and service charges

EXCLUDES:

- Travel to and from Italy, any other meals and excursions not listed above.
- car rental
- Travel ensurance
- Beverages

If needed transportation from and to airport can be arranged. Ask for price.



**About Giancarlo Politto:**

Giancarlo Polito is a chef with a capital C and is one of Italy's most famous chefs. The 48-year-old Italian loves to make guided tours of his village, talking passionately about food and knowing all the good local producers in Umbria. Giancarlo's cooking is creative and modern, but he still maintains the traditions of Umbrian cuisine. At Giancarlo's menu you will find both mountain and sea dishes inspired by characteristic flavors and high quality ingredients. To accompany the food, Giancarlo of course has a wide selection of fantastic wines from all of Italy.

For further information please contact us at: contact@travel2umbria.dk
or phone: 0045 21225426

Best regards

Lena Steemann
Travel2Umbria



About Umbria

- The green heart of Italy

About Umbrien

Located in the middle of the Italian peninsula, between Rome and Florence, you will find Umbria. It is a region rich on history, art and culture, and it has more hilltops and ancient castles than you can count. Umbria's cuisine and wines compete unproblematically with its neighbors, Tuscany and Lazio (although the Umbria itself will claim it's even better!).

Umbria's unmatched nature with greenery in countless colors, hills, valleys, mountains, rivers and beauty has given the area the title "The green heart of Italy".

In Umbria you will find a traditional rural lifestyle, but also an exciting international university and world-famous festivals. 1000 year old ruins await the historians, while postcard-perfect medieval villages just waiting to be explored, while chips of sunflowers turn their heads to the sun as the day passes.

Nature lovers will enjoy Umbria's unspoiled mountains and roaring rivers. Everywhere in the region there are hiking trails that lead through olive groves, across small and large mountains, through lush forests and past flowering fields.

Umbria is also Italy's spiritual center – known as the birthplace of two of the world's most famous saints, St. Francis and St. Benedict. In Assisi you can visit the famous Basilica dedicated to Italy's patron saint, Francis.

Learn more about Umbria at www.travel2umbria.com

